

## Quilting From the Heart

October 20, 2010

(Wheeling, WV) Northern Panhandle Head Start Inc. conducts administrative planning sessions twice annually. During the June 2010 session the staff and parents present were given a unique opportunity to be creative. All attendees were asked to design a patch quilt piece and write on the center heart a specific contribution they provide to the children and families enrolled in the Early Head Start and Head Start Program. The quilt pieces were scraps donated by local quilters and crafters. Examples of the quilt patches made by Head Start staff and parents include: Creative Caring Place, Teaching: Is A Work of Heart..., Be Involved, Smiles are Contagious, Greeting You With A Smile, Passion, Protection, Advocacy and I Will Nurture and Support Prenatal Moms, Infants/Toddlers and Staff, to name a few. The beautiful quilt was finished by a local quilter, Beverly Gray, Beallsville, Ohio as well as Alma Cunningham, RN, Health/Nutrition Coordinator and presented to the Policy Council membership during its regular monthly meeting held in October 2010.

Northern Panhandle Head Start Inc. program provides comprehensive, early childhood services to income eligible families with children age's birth-5 including services to pregnant women who reside in Hancock, Brooke, Ohio, Marshall or Wetzel Counties of West Virginia. There is no fee for the program and transportation is provided in most areas. For more information about Head Start in your community, call 304-233-3290 or 1-877-732-3307 or visit the agencies website [www.npheadstart.org](http://www.npheadstart.org).

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L-R: Nicole Yoho, Vice-President Policy Council, Diane Grooms, President Policy Council, Alma Cunningham, RN, Health/Nutrition Coordinator, and Marlene Midget, Executive Director. All were present during the administrative planning session and represented on the quilt.

