MISSION STATEMENT

Our mission is to provide a high quality, comprehensive and family-focused, infant/toddler and early childhood program uniquely designed to prepare each child for tomorrow’s opportunities and challenges through community partnerships.

VISON STATEMENT

“Building foundations for life-long growth and development”

UP AND COMING

May 2011

24 - Last Day for Children

27 - Staff Celebration

30 - Memorial Day

June 2011

15 - 17 Administrative Planning

July 2011

4-8 - Shutdown Week

Note to Parents—Please confer with your center staff regarding any program date changes — thank you

WELCOME TO OUR NEW STAFF

YVONNE BARRY

THOMAS ROBERTS

EHS FRA 3/17/2011

Bus Driver 4/11/2011

BELINDA HENDERSON

COURTNEY SANDERS

Teacher Assistant 2/10/2011

Substitute Parent Educator 2/11/2011

NICOLE HESS

2/22/2011

CHARLENE TRIVERI

1/29/2011

LISA KING

EHS Nurse 4/12/2011

Substitute Teacher Assistant 2/24/2011

Substitute Teacher 3/5/2011

Board of Directors News!

The agency is seeking area professionals who are willing to serve on the Board of Directors. Do you want to make a difference in the lives of children and families in our communities? Consider membership with our Board of Directors. This group of dedicated professionals has made a profound impact on our program and is the driving force, along with the Policy Council, in the decision-making process. Please contact Marlene Midget, Executive Director, with any questions regarding membership roles and responsibilities.

Board of Directors:

Marlene Midget, Executive Director

mmidget@npheadstart.org

Visit our web site (www.npheadstart.org) and view the latest Annual Administrative Report 2010-2011 in .pdf format for easy viewing!

NPHS Wishlist

◊ Children’s classroom space in the Newell-Chester, WV area to accommodate 40

◊ Donated office space

Northern Panhandle Head Start Inc. serving Hancock, Brooke, Ohio, Marshall and Wetzel Counties in West Virginia
A Word From The Executive Director

Play is not important: Something to make you go mmm!

Myth: Play is like dessert: enjoyable, but nonessential.

Reality: Play were food, many adults would equate it with candy-tasty, but not very nutritious; a treat, not a dietary staple. In reality, if play were food, it would be the stuff of life--tasty packed with nutrients to build healthy bodies and healthy minds; a dietary staple to be consumed every single day. (“Getting It Right From the Start”) The Principal’s Guide to Early Childhood Education). I vote for play to be a staple of our everyday lives, because I believe if we play more, we would be less angry at each other and better role models for our children in building healthy relationships.

Back to when you hear the words summertime. What images do you see, sounds and memories can you recall. The word summertime can give you visions of children playing on swings outside, sounds of children laughing and playing tag or swimming. As you watch your children playing remember this is how they learn. “Play is the highest form of research.” Albert Einstein

Play is the natural medium through which children gather and process information, learn new skills, and practice the ones they are to master (Fromberg). Play also gives children opportunities to understand, create, and manipulate symbols as they take on roles and transform objects into something else (“let’s pretend this chair is the pilot’s seat in our plane”).

I can remember watching children in my Head Start classroom have such enjoyment with making a store out of an old refrigerator box. They took such care to paint colors, decide what type of store and who would be in charge. Can you identify what life skills these children were building?

Remember play is not just for summertime it is for all seasons. See you in the fall.

Sankofs, Marlene Midget

---

Summer FUN and Learning!

Children learn by example. There are things you can do every day for yourself and your child. Use these tips to help your child develop positive and healthy habits.

Basic brain maintenance for our children, and for us, means making a specific effort, every day, to help our children’s brains work normally. Dr. Ingraham (of the American Academy of Pediatricians urges parents to teach their children every day, by example as well as by communication, so that they develop positive and healthy habits and lifestyles, now and for the future. Children learn best by example. Following are ten things you can do every day for yourself and your child:

The following resource is provided courtesy of the CHILDREN’S HEALTH CARE OF ATLANTA, Georgia Dept. of American Academy of Pediatrics and Department of Human Resources.

Brain-Based Parenting

Children learn by example. There are things you can do every day for yourself and your child. Use these tips to help your child develop positive and healthy habits.

Basic brain maintenance for our children, and for us, means making a specific effort, every day, to help our children’s brains work normally. Dr. Ingraham (of the American Academy of Pediatricians urges parents to teach their children every day, by example as well as by communication, so that they develop positive and healthy habits and lifestyles, now and for the future. Children learn best by example. Following are ten things you can do every day for yourself and your child:

The following resource is provided courtesy of the CHILDREN’S HEALTH CARE OF ATLANTA, Georgia Dept. of American Academy of Pediatrics and Department of Human Resources.

Bed on time: Sleep is brain restoration time. The brain’s systems do not function very well without sleep.

Normal nutrition: The brain requires normal nutrition to develop normally and replenish the brain’s chemicals.

Regular exercise: Exercise and physical work stabilize the brain’s systems, especially the emotion response and mood regulation systems.

Regular outdoor time: Being outdoors is therapeutic. We humans were not meant to be indoors all the time. No exposure to greed, extravagance, explicit sex:

Sensory: Toddler Counting Fun

Do not make your child go mmm!  Myth

Play is not important: Something to make you go mmm!

Myth: Play is like dessert: enjoyable, but nonessential.

Reality: Play were food, many adults would equate it with candy-tasty, but not very nutritious; a treat, not a dietary staple. In reality, if play were food, it would be the stuff of life--tasty packed with nutrients to build healthy bodies and healthy minds; a dietary staple to be consumed every single day. (“Getting It Right From the Start”) The Principal’s Guide to Early Childhood Education). I vote for play to be a staple of our everyday lives, because I believe if we play more, we would be less angry at each other and better role models for our children in building healthy relationships.

Back to when you hear the words summertime. What images do you see, sounds and memories can you recall. The word summertime can give you visions of children playing on swings outside, sounds of children laughing and playing tag or swimming. As you watch your children playing remember this is how they learn. “Play is the highest form of research.” Albert Einstein

Play is the natural medium through which children gather and process information, learn new skills, and practice the ones they are to master (Fromberg). Play also gives children opportunities to understand, create, and manipulate symbols as they take on roles and transform objects into something else (“let’s pretend this chair is the pilot’s seat in our plane”).

I can remember watching children in my Head Start classroom have such enjoyment with making a store out of an old refrigerator box. They took such care to paint colors, decide what type of store and who would be in charge. Can you identify what life skills these children were building?

Remember play is not just for summertime it is for all seasons. See you in the fall.

Sankofs, Marlene Midget

---

EARLY HEAD START (prenatal to 3 years old)

Brain-Based Parenting

Children learn by example. There are things you can do every day for yourself and your child. Use these tips to help your child develop positive and healthy habits.

Basic brain maintenance for our children, and for us, means making a specific effort, every day, to help our children’s brains work normally. Dr. Ingraham (of the American Academy of Pediatricians urges parents to teach their children every day, by example as well as by communication, so that they develop positive and healthy habits and lifestyles, now and for the future. Children learn best by example. Following are ten things you can do every day for yourself and your child:

The following resource is provided courtesy of the CHILDREN’S HEALTH CARE OF ATLANTA, Georgia Dept. of American Academy of Pediatrics and Department of Human Resources.

Bed on time: Sleep is brain restoration time. The brain’s systems do not function very well without sleep.

Normal nutrition: The brain requires normal nutrition to develop normally and replenish the brain’s chemicals.

Regular exercise: Exercise and physical work stabilize the brain’s systems, especially the emotion response and mood regulation systems.

Regular outdoor time: Being outdoors is therapeutic. We humans were not meant to be indoors all the time. No exposure to greed, extravagance, explicit sex:

Sensory: Toddler Counting Fun

Do not make your child go mmm!  Myth

Play is not important: Something to make you go mmm!

Myth: Play is like dessert: enjoyable, but nonessential.

Reality: Play were food, many adults would equate it with candy-tasty, but not very nutritious; a treat, not a dietary staple. In reality, if play were food, it would be the stuff of life--tasty packed with nutrients to build healthy bodies and healthy minds; a dietary staple to be consumed every single day. (“Getting It Right From the Start”) The Principal’s Guide to Early Childhood Education). I vote for play to be a staple of our everyday lives, because I believe if we play more, we would be less angry at each other and better role models for our children in building healthy relationships.

Back to when you hear the words summertime. What images do you see, sounds and memories can you recall. The word summertime can give you visions of children playing on swings outside, sounds of children laughing and playing tag or swimming. As you watch your children playing remember this is how they learn. “Play is the highest form of research.” Albert Einstein

Play is the natural medium through which children gather and process information, learn new skills, and practice the ones they are to master (Fromberg). Play also gives children opportunities to understand, create, and manipulate symbols as they take on roles and transform objects into something else (“let’s pretend this chair is the pilot’s seat in our plane”).

I can remember watching children in my Head Start classroom have such enjoyment with making a store out of an old refrigerator box. They took such care to paint colors, decide what type of store and who would be in charge. Can you identify what life skills these children were building?

Remember play is not just for summertime it is for all seasons. See you in the fall.

Sankofs, Marlene Midget

---

EARLY HEAD START (prenatal to 3 years old)

Brain-Based Parenting

Children learn by example. There are things you can do every day for yourself and your child. Use these tips to help your child develop positive and healthy habits.

Basic brain maintenance for our children, and for us, means making a specific effort, every day, to help our children’s brains work normally. Dr. Ingraham (of the American Academy of Pediatricians urges parents to teach their children every day, by example as well as by communication, so that they develop positive and healthy habits and lifestyles, now and for the future. Children learn best by example. Following are ten things you can do every day for yourself and your child:

The following resource is provided courtesy of the CHILDREN’S HEALTH CARE OF ATLANTA, Georgia Dept. of American Academy of Pediatrics and Department of Human Resources.

Bed on time: Sleep is brain restoration time. The brain’s systems do not function very well without sleep.

Normal nutrition: The brain requires normal nutrition to develop normally and replenish the brain’s chemicals.

Regular exercise: Exercise and physical work stabilize the brain’s systems, especially the emotion response and mood regulation systems.

Regular outdoor time: Being outdoors is therapeutic. We humans were not meant to be indoors all the time. No exposure to greed, extravagance, explicit sex:

Sensory: Toddler Counting Fun

Do not make your child go mmm!  Myth

Play is not important: Something to make you go mmm!

Myth: Play is like dessert: enjoyable, but nonessential.

Reality: Play were food, many adults would equate it with candy-tasty, but not very nutritious; a treat, not a dietary staple. In reality, if play were food, it would be the stuff of life--tasty packed with nutrients to build healthy bodies and healthy minds; a dietary staple to be consumed every single day. (“Getting It Right From the Start”) The Principal’s Guide to Early Childhood Education). I vote for play to be a staple of our everyday lives, because I believe if we play more, we would be less angry at each other and better role models for our children in building healthy relationships.

Back to when you hear the words summertime. What images do you see, sounds and memories can you recall. The word summertime can give you visions of children playing on swings outside, sounds of children laughing and playing tag or swimming. As you watch your children playing remember this is how they learn. “Play is the highest form of research.” Albert Einstein

Play is the natural medium through which children gather and process information, learn new skills, and practice the ones they are to master (Fromberg). Play also gives children opportunities to understand, create, and manipulate symbols as they take on roles and transform objects into something else (“let’s pretend this chair is the pilot’s seat in our plane”).

I can remember watching children in my Head Start classroom have such enjoyment with making a store out of an old refrigerator box. They took such care to paint colors, decide what type of store and who would be in charge. Can you identify what life skills these children were building?

Remember play is not just for summertime it is for all seasons. See you in the fall.

Sankofs, Marlene Midget

---